

# Community Palliative Care Nurse Practitioner (CPCNP) Program

**The CPCNP will provide expert palliative care to patients with complex needs. Patients will be supported to live comfortably at home at the end of their lives, and if wished, to die at home.**

The CPCNP Program is part of the Ontario governments' 9000 Nurses commitment, a key component of Ontario's health human resources strategy.

## **Philosophy Statement Community Palliative Care Nurse Practitioners**

*"We believe that your life, your values, your choices matter, and we are committed to helping you live and die well"*

## **Key Responsibilities of the Community Palliative Care Nurse Practitioner Program:**

Home and Community Care Support Services Central East's Community Palliative Care Nurse Practitioner (CPCNP) Program is a dedicated team of Nurse Practitioners providing direct clinical care to patients with complex palliative needs, including pain & symptom management.

Inter-professional care is identified as the gold standard for Hospice Palliative Care (HPC). Working within a network of palliative care providers, the CPCNPs enhance continuity of clinical care across primary care, community supports, acute and specialty care sectors to support patients in living and dying in their place of choice.

The CPCNP's, who have an expanded scope of nursing practice, enhance the quality of palliative care by providing:

- earlier diagnosis of hospice palliative care needs
- direct clinical care in the home to the full scope of practice of the Nurse Practitioner
- pain and symptom management through prescribing and monitoring medication, and other interventions
- support to patients in choice to die at home or in another place of choice
- facilitation of direct admission to the hospital or hospice if it is the patient's choice
- a contribution to reduced hospital admissions and emergency department visits
- facilitation of increased access to hospice palliative care from primary care practitioners
- improved referrals to specialist care.

## **Important Facts (Canadian Hospice Palliative Care Association)**

- Only 10% of people die suddenly, while the remaining 90% will require assistance and support at some point in their lives.
- HPC is whole-person health care that aims to relieve suffering and improve the quality of living and dying.

- HPC may complement and enhance disease-modifying therapy or may become the total focus of care.
- HPC strives to help patients and their families prepare for and manage their choices for life closure and the dying process and to cope with loss and grief during the illness and bereavement.

### To be Eligible:

To receive services, an individual must:

- Be aware of their palliative diagnosis;
- Be referred by a Home and Community Care Support Services Central East Palliative Care Coordinator;
- Be identified to have Hospice Palliative Care needs present or have the potential need for complex pain and symptom management;
- Live within Home and Community Care Support Services Central East's boundaries; and
- Be supported by a Most Responsible Physician.

**Hours of Service:** Monday to Friday 8:30 a.m. to 4:30 p.m.

Services will be closed on weekends and statutory holidays.

### For urgent situations outside of regular business hours call:

1. Your community agency nurse 2. Your physician 3. Home and Community Care Support Services Central East Extended Hours Team

You can also call 911 or visit the emergency department of your local hospital.

### Home and Community Care Support Services Central East Branch Offices:

- **Campbellford** 119 Isabella Street, Unit 7, Campbellford ON K0L 1L0  
705-653-1005
- **Haliburton** 73 Victoria Street, Haliburton ON K0M 1S0  
705-457-1600
- **Lindsay** 370 Kent Street West, Unit 11, Lindsay ON K9V 6G8  
705-324-9165
- **Peterborough** 700 Clonsilla Avenue, Suite 202, Peterborough ON K9J 5Y3  
705-743-2212
- **Port Hope** 151A Rose Glen Road, Port Hope ON L1A 3V6  
905-885-6600
- **Scarborough** 100 Consilium Place, Suite 801, Scarborough ON M1H 3E3  
416-750-2444 / 416-701-4806 (Chinese Line)
- **Whitby** 920 Champlain Court Whitby, ON L1N 6K9  
905-430-3308

**Toll-free: 1-800-263-3877 TTY Line: 1-877-743-7939**

Wherever you live in Ontario, to find health care and community-based services, call 310-2222 or 310-2272 for service in French, or visit [www.centraleasthealthline.ca](http://www.centraleasthealthline.ca).

**Centraleasthealthline.ca**

[www.healthcareathome.ca/centraleast](http://www.healthcareathome.ca/centraleast)