

Connecting you with care

Find local health, social and home support services close to home

SouthEasthealthline.ca is a consolidated database and resource tool that provides health service information and helps users better navigate a complex health care system. With nearly 3,500 service listings, this source of easily accessible, reliable information connects people with health service supports in the Home and Community Care Support Services South East region.

Listings include organization and program descriptions, contact information, addresses, hours of operation and much more. Other features of **SouthEasthealthline.ca** include news, events and career postings.

Users can determine how to best access this information, whether by using the search function, postal code or in alphabetical order.

If you would like a tutorial, or are looking to get the most out of using the site, please visit the help section located at the top right corner of the website. From there, you will be able to select the 'Computer Based Training' link to download an instructional video. Please remember to be patient; it is a large file so will take time to download.

For more information, including how to update a service listing or contribute content, visit **SouthEasthealthline.ca** and select the Contact Us page for details.

Home and Community Care Support Services South East can also provide information at any time. Just call **310-2222 for service in English or 310-2272 for service in French** (no area code required), to be connected to the nearest office from your calling location.

SouthEasthealthline.ca



Covering the south east region:

- Rural Hastings
- Quinte
- Rural Frontenac, Lennox & Addington
- Kingston
- Lanark, Leeds & Grenville

Featuring health:

- Services
- Resources
- News
- Careers
- Events

Focused on, but not limited to:

- Health care options such as facilities, supports and services
- Topics including mental health and addictions, rehabilitative care, diseases, palliative and end-of-life care
- Making choices relating to basic needs, social supports, care planning, and a broad range of information services